

Building Strong Communities Through Caring Relationships



# CARE CIRCLES



Stronger Together. No One Walks Alone.

Care Circles are small groups of people who commit to looking out for one another, sharing support, and building real relationships.

**We all need help sometimes. Together, we create a safety net of trust, compassion, and community.**

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### WHAT IS A CARE CIRCLE?

Care Circles are small groups of people who build relationships and support one another through life's ups and downs.

- ✔ Share encouragement
- ✔ Offer practical help
- ✔ Check in and listen
- ✔ Celebrate together
- ✔ Support in challenges
- ✔ Build lasting friendship

It's neighbors caring for neighbors.

### HOW CARE CIRCLES WORK



**CONNECT**  
Get to know one another and build trust.



**COMMUNICATE**  
Stay in touch and check in regularly.



**SUPPORT**  
Offer help, share resources, and lend a hand.



**GROW TOGETHER**  
Learn, share skills, and encourage one another.



**STRENGTHEN COMMUNITY**  
Strong circles create strong communities.

### WHAT CARE CIRCLES CAN LOOK LIKE



FAMILY & FRIENDS



NEIGHBORHOODS



SENIORS SUPPORT



SKILLS & PROJECTS



MEAL SHARING



YOUTH & PARENTS



HEALTH & WELLNESS



AND SO MUCH MORE...

Every circle is unique. Every circle matters.

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### WHY CARE CIRCLES MATTER

-  **SAFETY & PEACE OF MIND**  
Knowing someone has your back.
-  **EMOTIONAL WELL-BEING**  
Connection brings joy and reduces isolation.
-  **PRACTICAL SUPPORT**  
Help with needs, challenges, and solutions.
-  **RESILIENCE**  
Communities recover faster together.
-  **STRONGER FUTURE**  
Our children grow up in a community that cares.

WHEN WE CARE FOR EACH OTHER, WE BUILD A COMMUNITY THAT CAN WEATHER ANY STORM.



### YOU CAN START A CARE CIRCLE

- ✔ Start small.
- ✔ Invite people you trust.
- ✔ Share a meal or have a conversation.
- ✔ Talk about needs and ideas.
- ✔ Begin showing up for each other.
- ✔ Keep it simple, honest, and consistent.

Small steps create powerful change.

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TOGETHER, WE BUILD A COMMUNITY WHERE EVERYONE BELONGS.



We look out for one another.



We support families and individuals.



We share resources and skills.



We build trust, compassion, and unity.



We create a better future together.





REVIVAL FOR SURVIVAL 2026

MISSION 3: CARE CIRCLES



ONE COMMUNITY.



ONE PURPOSE.



ONE FUTURE.

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→→ TOGETHER, WE CARE. TOGETHER, WE THRIVE. ←←

## **OUR THIRD MISSION**

Liberty Gardens taught us how to grow.

Anchor Points taught us how to connect.

Care Circles teach us how to care.

Strong communities are not built by programs. They are built by people. People who know one another. People who check in. People who lend a hand. People who show up when it matters.

Mission 3 transforms connection into support.

Because no one should have to carry life's challenges alone.

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## **WHY CARE CIRCLES MATTER**

Modern life can be isolating. People are often surrounded by others yet still feel alone. Families struggle quietly. Seniors become isolated. Veterans carry burdens unseen. Parents become overwhelmed. Neighbors become strangers. Communities become disconnected. Care Circles exist to change that. Not through complicated systems. Not through large organizations. But through ordinary people making a commitment to care.

A phone call. A meal. A visit. A ride. An encouraging conversation. Small acts create strong communities.

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## **WHAT IS A CARE CIRCLE?**

A Care Circle is a small group of people committed to looking out for one another.

It may be:

- A family
- A neighborhood
- A church group
- A group of friends
- A community organization
- An Anchor Point gathering

The structure is simple.  
People know one another.  
People communicate regularly.  
People offer support when needed.  
People celebrate together.  
People carry burdens together.  
People grow together.  
Care Circles are not about rescuing everyone.  
They are about ensuring no one stands alone.

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## **HOW CARE CIRCLES FIT INTO REVIVAL FOR SURVIVAL**

### Mission 1 — Liberty Gardens

We grow together.

Food.

Skills.

Hope.



### Mission 2 — Anchor Points

We plant roots.

Strong communities.

Shared purpose.



### Mission 3 — Care Circles

We care for each other.

Support.

Encouragement.

Belonging.



## Mission 4 — Skills & Knowledge

We teach one another.

Capability.

Wisdom.

Resilience.

Every mission builds upon the mission before it.

Gardens create participation.

Anchor Points create connection.

Care Circles create support.

Skills & Knowledge create capability.

Together they create stronger communities.

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## **THE FIVE PILLARS OF CARE CIRCLES**

### **1. PRESENCE**

The greatest gift is often simply showing up.

Sometimes people do not need solutions.

They need someone who cares.

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### **2. ENCOURAGEMENT**

Words matter.

Hope matters.

Listening matters.

Kindness matters.

Encouragement strengthens people during difficult seasons.

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### **3. PRACTICAL HELP**

Care often looks like action.

Meals.

Transportation.

Yard work.

Childcare.

Check-ins.

Simple acts of service create powerful impact.

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### **4. COMMUNITY**

People thrive when they belong.

Care Circles help transform neighborhoods into communities and communities into extended families.

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### **5. HOPE**

Hope grows when people know they are not alone.

Care Circles help restore confidence, trust, and resilience.

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## **GETTING STARTED**

### **STEP 1**

#### **KNOW YOUR PEOPLE**

Learn names.

Learn stories.

Learn needs.

Community begins with relationships.

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## **STEP 2**

### CHECK IN

Call.

Text.

Visit.

Invite someone for coffee.

Simple contact builds trust.

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## **STEP 3**

### SHOW UP

Support does not have to be complicated.

Offer help where you can.

Do what you are able.

Consistency matters more than perfection.

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## **STEP 4**

### BUILD TRUST

Trust grows slowly.

Every conversation.

Every visit.

Every act of kindness matters.

Strong communities are built one relationship at a time.

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## **STEP 5**

### MULTIPLY CARE

Invite others to participate.

Encourage kindness.

Create opportunities to serve.

One caring person helps.

A caring culture transforms communities.

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## **HEALTHY BOUNDARIES**

One of the most important lessons in Mission 3 is learning how to care without burnout.

You cannot pour endlessly from an empty cup.

Healthy care means:

- Knowing your limits
- Protecting your family
- Respecting your time
- Sharing responsibility
- Asking for help when needed
- Practicing self-care

Strong communities care for caregivers too.

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## **CARE CIRCLE ACTIVITIES**

Ideas include:

- Community meals
- Senior check-ins
- Veteran outreach
- Family support teams
- Hospital recovery assistance
- Transportation networks
- Encouragement projects

- Seasonal wellness checks
- Resource sharing
- Community service days

Keep it simple.

Start small.

Grow naturally.

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### **SUCCESS IS NOT MEASURED BY SIZE**

A successful Care Circle is not the biggest one.

It is the one where people know they matter.

Three people can create a Care Circle.

Five people can create a Care Circle.

Ten people can create a Care Circle.

What matters most is consistency.

Show up.

Care.

Encourage.

Support.

Repeat.

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### **FINAL THOUGHT**

Strong communities are not built by chance. They are built by people who choose to care. One conversation. One meal. One visit. One act of kindness. One relationship at a time.

No one stands alone. Together, we build a future worth passing on.

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# KINDNESS BUILDS COMMUNITY



## MISSION 3: CARE CIRCLES

CARE ISN'T JUST  
SOMETHING WE DO.  
*It's who we are.*

Creating a caring environment  
can be more than just checking on people.

Simple care can include opening doors  
for a stranger, helping an elderly person  
load the groceries into the car, a smile  
or a wave to a neighbor you never met.

In a world  
where you can  
be anything,  
*be kind.*



THE LITTLE THINGS WE DO EVERY DAY CREATE THE BIG THINGS THAT MATTER.



### OPEN DOORS

A simple act  
that says  
I see you.



### LEND A HAND

Help with groceries,  
a bag, or a task.  
Lighten their load.



### SHARE A SMILE

A smile or wave  
can brighten  
someone's day.



### BE ENCOURAGING

Kind words  
can lift heavy  
hearts.



### SHOW PATIENCE

Grace and patience  
make our homes  
and streets better.



### CHECK IN

A call, a visit, or  
a text can mean  
more than you know.

WHEN WE LEAD WITH  
**KINDNESS,**  
CARING BECOMES  
*Natural*



CARE IS CONTAGIOUS.  
*Let's start the ripple.*



**ONE COMMUNITY.  
ONE PURPOSE.  
ONE FUTURE.  
ONE THAT CARES.**

Strong communities aren't built by buildings.  
They're built by people who care.

*You have the power to make a difference—  
right where you are, right now.*

TOGETHER, WE BUILD A COMMUNITY  
WHERE EVERYONE BELONGS.

No act of care  
is ever too small.  
*Every act  
matters.*

OUR MISSION.  
OUR MOVEMENT.  
OUR FUTURE.



MISSION 1:  
REVIVAL GARDENS  
We grow together.  
Food. Skills. Hope.



MISSION 2:  
ANCHOR POINTS  
We plant roots.  
Strong communities.  
Shared purpose.



MISSION 3:  
CARE CIRCLES  
We care for each other.  
No one stands alone.

ONE COMMUNITY. ONE PURPOSE. ONE FUTURE.

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JOIN THE JOURNEY.  
MAKE AN IMPACT.



CONNECT  
Build relationships.



SERVE  
Support one another.



PREPARE  
Stay ready.  
Stay strong.



INSPIRE  
Uplift others.

# KINDNESS GIVES PURPOSE



**MISSION 3:  
CARE  
CIRCLES**

★  
WE SHOW UP.  
WE CARE.  
WE BUILD STRONGER  
COMMUNITIES.

*A caring community begins  
with how we treat one another.*

Caring for others gives purpose,  
a sense of pride and respect—  
that, let's be honest,  
has been forgot.

*No one speaks kindly anymore.*

LET'S BRING THAT SIMPLE KINDNESS  
THAT WAS EVERYDAY LIFE IN THE 1940'S  
BACK INTO 2026.

★ KINDNESS ★  
ISN'T WEAKNESS.  
★  
IT'S COMMUNITY  
STRENGTH.



*Simple kindness  
built strong  
communities then.  
Let's build an even  
stronger one now.*

## SIMPLE KINDNESS. EVERYDAY IMPACT.



**OPEN DOORS**  
Small actions  
speak volumes.



**LEND A HAND**  
Help when you can.  
It means more  
than you know.



**SHARE A SMILE**  
A smile or wave  
can brighten  
someone's day.



**SHOW RESPECT**  
Everyone deserves  
kindness and  
dignity.



**BE A NEIGHBOR**  
Look out for one  
another. That's  
how we grow.



**BUILD COMMUNITY**  
Together we create  
a place we're proud  
to call home.



### ★ CARING FOR OTHERS ★ GIVES US ALL...

- ✓ PURPOSE
- ✓ PRIDE
- ✓ RESPECT
- ✓ CONNECTION
- ✓ A SENSE OF BELONGING

*Life moves fast.  
Kindness makes  
life better.*

WHEN WE CONDUCT OURSELVES  
WITH KINDNESS,

*Caring is made easy.*

## ONE COMMUNITY. ONE PURPOSE. ONE FUTURE. ONE THAT CARES.



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We plant roots.  
Strong communities.  
Shared purpose.



**MISSION 3:  
CARE CIRCLES**  
We care for each other.  
No one stands alone.



**REVIVAL  
FOR SURVIVAL**  
BUILDING STRONG COMMUNITIES  
FROM THE GROUND UP.

*Join the journey.  
MAKE AN IMPACT.*

**CONNECT**  
Build  
relationships.

**SERVE**  
Support  
one another.

**PREPARE**  
Stay ready.  
Stay strong.

**INSPIRE**  
Uplift  
others.

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# CARING SHOULDN'T BE *Effort.* IT SHOULD COME NATURALLY.

We've been trained to hustle through life so quickly that sometimes we forget the people around us.

*But caring for others doesn't need to feel difficult.*

## SIMPLE ACTIONS. LASTING IMPACT.



### SMILE

It's free and it starts everything.



### WAVE

A simple hello can change someone's day.



### HOLD THE DOOR

Small actions show big character.



### LEND A HAND

Help when you can. It means more than you know.



### CHECK IN

A quick check in can mean more than you realize.



### BE RESPECTFUL

Kind words and patience make strong neighbors.



### SHOW UP

Consistent care builds trust and stronger bonds.



## TRAINING OUR HUSTLE TO INCLUDE IT, *takes time.*

- ✓ Start small.
- ✓ Be intentional.
- ✓ Make it a habit.
- ✓ Stay consistent.
- ✓ Lead by example.



## BUT ONCE IT TAKES OFF... IT'S AN EASY *Pay It Forward* CONCEPT.

One small act of care can spark a ripple that changes everything—starting right where you are.

*Let's build a culture where caring comes naturally.*



WHEN KINDNESS BECOMES CULTURE, *community thrives.*



Stronger Relationships



Safer Neighborhoods



Better Communities



Brighter Future

## ONE COMMUNITY. ONE PURPOSE. ONE FUTURE. ONE THAT CARES.



**REVIVAL FOR SURVIVAL**  
BUILDING STRONG COMMUNITIES FROM THE GROUND UP.



**MISSION 1: REVIVAL GARDENS**  
We grow together. Food. Skills. Hope.



**MISSION 2: ANCHOR POINTS**  
We plant roots. Strong communities. Shared purpose.



**MISSION 3: CARE CIRCLES**  
We care for each other. No one stands alone.

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JOIN THE JOURNEY. MAKE AN IMPACT.

CONNECT Build relationships.

SERVE Support one another.

PREPARE Stay ready. Stay strong.

INSPIRE Uplift others.

TOGETHER, WE BUILD A FUTURE WORTH PASSING ON.

# STRONG MINDS. STRONG HEARTS. CARING COMMUNITIES.

*Healthy caring as a part of the community  
doesn't mean sacrificing self care.*

- ♥ You can't give if you're not getting. Mental health is a huge concern in this nation right now.
- ♥ You don't know what someone else is going through.
- ♥ Caring helps everyone struggling to be seen.



## MISSION 3: CARE CIRCLES

WE CARE FOR  
EACH OTHER.  
WE ALL BELONG.



*Take care  
of your mind.  
Protect your heart.  
You matter here.*

YOU CAN'T POUR FROM AN EMPTY CUP. SELF CARE ISN'T SELFISH. IT'S NECESSARY.



**PROTECT YOUR MIND**  
Your mental health matters. Take breaks. It's okay to not be okay.



**REST IS RECHARGE**  
Rest restores strength, patience and peace.



**SET BOUNDARIES**  
You can't help everyone. That's not your job.



**DO WHAT FILLS YOU**  
Do more of what brings you joy, peace and purpose.



**TALK ABOUT IT**  
Sharing your feelings is a strength, not a weakness.



**YOU MATTER**  
You are important. Your well-being matters too.



SOMETIMES THE STRONGEST  
THING WE CAN DO IS SLOW  
DOWN ENOUGH TO TRULY  
SEE ONE ANOTHER.

YOU NEVER KNOW WHAT  
SOMEONE ELSE MAY BE  
CARRYING SILENTLY.



*Caring helps  
EVERYONE FEEL SEEN.*

When communities create space for kindness, listening, rest, encouragement and support—people begin *healing together.*



ONE COMMUNITY. ONE PURPOSE. ONE FUTURE. ONE THAT CARES.

TOGETHER, WE BUILD A FUTURE WORTH PASSING ON.



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We care for each other. No one stands alone.



**REVIVAL  
FOR SURVIVAL**  
BUILDING STRONG COMMUNITIES  
FROM THE GROUND UP.



**CONNECT**  
Build relationships.



**SERVE**  
Support one another.



**PREPARE**  
Stay ready. Stay strong.



**INSPIRE**  
Uplift others.

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# CARE FOR YOURSELF.

*Care for Others.* 

# BUILD STRONGER COMMUNITIES.



## MISSION 3: CARE CIRCLES

  
WE CARE FOR EACH OTHER.  
WE ALL BELONG.



Healthy caring as a part of the community doesn't mean sacrificing self care.

*You can't give if you're not getting.*

Mental health is a huge concern in this nation right now. You don't know what someone else is going through. Caring helps everyone struggling to be *seen*.

*Take care of your mind.  
Protect your heart.  
You matter here.*

### CARING FOR YOURSELF ISN'T SELFISH. IT'S NECESSARY.



#### PROTECT YOUR MIND

Your mental health matters. Take breaks. It's okay to not be okay.



#### REST IS RECHARGE

Rest restores strength, patience and peace.



#### SET BOUNDARIES

You can't help everyone. That's not your job.



#### DO WHAT FILLS YOU

Do more of what brings you joy, peace and purpose.



#### TALK ABOUT IT

Sharing your feelings is a strength, not a weakness.



#### YOU MATTER

You are important. Your well-being matters too.



*Listen.* 



*Connect.* 



*Support.* 



*Encourage.* 



*Care.* 

*You never know what someone else may be carrying silently.* 

**STRONG MINDS.  
STRONG HEARTS.  
CARING COMMUNITY.** 

When we look out for each other and ourselves, we build communities where people heal, grow, and belong.



**ONE COMMUNITY. ONE PURPOSE. ONE FUTURE. ONE THAT CARES.**

 TOGETHER, WE BUILD A FUTURE WORTH PASSING ON. 



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**MISSION 2:  
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We plant roots.  
Strong communities.  
Shared purpose.



**MISSION 3:  
CARE CIRCLES**  
We care for each other.  
No one stands alone.

**BE KIND TO YOURSELF.  
BE KIND TO OTHERS.  
KINDNESS CHANGES EVERYTHING.** 

*Little acts. Big impact.*



A smile can brighten someone's day.



A check-in can change everything.



A little care can help someone keep going.



Pay it forward. Keep the kindness circling.

# CARING IS ABOUT BOUNDARIES.



## KNOW YOURS.

Understand your boundaries.



## KNOW YOUR LIMITS.

Protect your peace and well-being.



## DO WHAT YOU CAN.

Give what you can, when you can.

Healthy communities are not built by one person carrying everything alone.

They are built by people supporting one another together.

TOGETHER,  
*small acts of care*  
CREATE A FUTURE WORTH PASSING ON.



## MISSION 3: CARE CIRCLES



Stronger minds.  
Stronger hearts.  
Caring communities.

ONE COMMUNITY.  
ONE PURPOSE.  
ONE FUTURE.  
**ONE THAT CARES.**

 BE KIND.

 BE PRESENT.

 BE THERE.

 BUILD TOGETHER.

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